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### *Dying with dignity*

Despite great advances in medical knowledge, dying — which should be the natural and dignified end of a life — is far too often a prolonged, painful, and distressing process.

On November 16 at 2pm in the CWA Room, Memorial Avenue, Maroochydore (opposite the RSL Club) Dying with Dignity Qld Inc will hold the next monthly meeting. At this meeting the guest speaker will be Kevin and Betty Freebody to demonstrate the SAFTE home alarm system.

The society's aim is "to have the law in Queensland changed so that, subject to appropriate safeguards, residents suffering intolerably can receive assistance to die peacefully and painlessly. This help must be in accordance with that person's expressed direction."

This organisation lobbies politicians to change legislation to give patients control and choice in their end of life decisions. If this subject is important to you please go along and support the cause.

Meetings are free and open to the public.

Parking is available and afternoon tea will be served.

For further enquiries please phone Joan on 5443 5576 or June 0402 988 433 or email [vesscoast@bigpond.com](mailto: vesscoast@bigpond.com)

- <http://hinterlandgrapevine.blogspot.com/>

*Sunshine Coast Councillor Ms Debbie*

### *Blumel to run for Mayoral Office*

Sunshine Coast Regional Council Major Projects Portfolio councillor Debbie Blumel has announced that she will nominate as a candidate for Mayor of the Sunshine Coast Council at the local government election are normally held every four years with the next election due on the last Saturday in March 2012.

Cr Blumel was first elected to council in 2008.

She formerly worked as a health professional. She has been a resident of the Sunshine Coast for many years. The present Mayor, Mr. Bob Abbott has announced that he will not stand for re-election as Mayor, although he has not ruled out standing as a divisional councillor.

Other candidates who have shown some interest in nominating for the position of Mayor include; John Edds, ex-banker, Warren Blee, pharmacist, Michael Bloyce, ex-council manager, Lloyd Carey, quantity surveyor, Peter Bradshaw, consultant, Greg Fahey, ex-councillor, Winston Johnston, insurance broker and Brett Winkler, ex-CEO of Sunshine Coast Sea Eagles.

At this time there is still plenty of time for people interested in standing for the position of Coast Council Mayor to make a decision and make their nomination.

### **Maleny RSL Trivia Night on November 19th**

The Maleny RSL is holding one of its regular Trivia Nights on Saturday 19th November 2011. The night kicks off at 7p.m. with compere Ray Oldfield. Be there earlier to ensure you don't miss a question and to work on the table quiz.

Why not venture along and test your knowledge against some of the best minds in Maleny. Quizmasters Ray and Lucy Oldfield will ensure that there will be an assemblage of questions covering such subjects as music and sport and general knowledge.

Entry is just \$5.00 and bring along your own nibbles for the table. There will be a licensed bar open at regular RSL club prices.

For bookings ring 5492 9843, or go to [www.rslmaleny.org.au](http://www.rslmaleny.org.au) and follow the links.

Visit our web site: <http://www.hinterlandgrapevine.com>

# Hinterlandgrapevine Online

## The Hinterlandgrapevine

The Hinterlandgrapevine is a weekly email newsletter published each Friday and is sent to our local database of local residents and via the website <http://www.hinterlandgrapevine.com>

Published by

Maleny Paint Supplies Pty. Ltd  
trading as Paint Place, Maleny.

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Maleny, Qld. 4552

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For advertising contact:

Les on 0400707883

For rates see web site  
(Web site pricing)

**Click here to go  
to our "Gig Guide"  
(Must be connected to  
the internet at the time)**

## How Safe is your computer?

- \* Shop and bank with confidence
- \* Surf and search worry free
- \* Block spammers and scammers
- \* Download and share files risk free
- \* Stay safe on social networks
- \* Chat, email and send instant messages safely

Click here when connected to the internet and then follow the AVG links to find out more about safeguarding your computer and information.

## A special Council workshop - just for artists

The Sunshine Coast Regional Council is holding a special workshop for local artisans to assist them in selling their arts.

Making a living from creating artworks has more to it than just creating the pieces.

Marketing the art is often harder to master than actually producing it and many artists fail financially because they cannot make that step successfully.

The workshop will be held at the Noosa Regional Gallery on Tuesday November 15th between 10a.m. and 2p.m. There is a fee of \$25.00 per person attending this workshop.

The workshop will include such matters as how to make contact with potential customers.

It will be conducted by Jan Manton.

Ms Manton is President of Flying Arts and operates an art gallery, Manton Art at 1/93 Fortescue Street, Spring Hill, Brisbane. She is also the Sotheby's representative for Queensland.

With the Blackall Range Hinterland area being so well populated with artistic people this workshop can provide a very important sales tool ensuring that those people are market ready once they have completed their masterpieces.

Bookings can be made through the Noosa Regional Gallery on 5449 5340 or by email on [gallery.noosa@sunshinecoast.qld.gov.au](mailto:gallery.noosa@sunshinecoast.qld.gov.au)

## A Mac is as good as it looks.

### iTunes

..... a music player and a music store all in one!

Play, buy and sync your music, movies and more.

iTunes is a free application for your Mac or PC. It lets you organise and play digital music and video on your computer. It can automatically download new music, app and book purchases across all your devices and computers. And it's a store that has everything you need to be entertained. Anywhere. Anytime.



**Purchase NOW with ease  
and delivered to your door!**

Click here when connected to the internet and follow the Apple links to purchase online!

**This weeks notices brought to you by Maleny Paint Place**



## Mum's favourite Recipes Fried Rice with Egg, Mushrooms and Green Peas

### Ingredients

- \* 2 cups cooked long grain rice
- \* 6 tablespoons/90 ml vegetable oil
- \* 8 ounces/225 g assorted mushrooms (such as oyster and stemmed shiitake), coarsely chopped
- \* 2 large eggs, beaten to blend
- \* 4 small carrots (about 4 ounces/115 g total), peeled and finely diced
- \* Salt and freshly ground black pepper
- \* 3/4 cup/100 g frozen petite green peas
- \* 3/4 cup/70 g thinly sliced green onions
- \* 1/3 cup/85 ml reduced-sodium soy sauce
- \* 1 teaspoon/5 ml toasted sesame oil

### Directions

Transfer the steamed rice to a baking sheet to cool to room temperature. Heat 2 tablespoons/30 ml of vegetable oil in a large wok over medium to high heat. Add the mushrooms and sauté for 4 minutes or until tender. Transfer the mushrooms to a plate and set aside.

Heat 1 tablespoon/15 ml of vegetable oil in the wok over medium to high heat. Add the egg and stir with a fork for about 30 seconds or until just cooked. Remove the egg from the wok and allow to cool.

Heat the remaining 3 tablespoons/45 ml of vegetable oil in the wok over medium to high heat. Add the carrots to the wok and stir fry for 2 minutes. Add the cooled rice and stir fry for 2 minutes or until heated through.

Season with salt and pepper. Stir in the peas then the mushrooms and eggs. Stir in 3/4 of the green onions.

Add the soy sauce and sesame oil and continue to stir fry for a further 1 minute.

Transfer the rice to a platter and sprinkle with the remaining green onions.

*Click here to go  
to our*

*"Events Guide"*

*(Must be connected to the internet  
at the time)*

**Support your  
local Businesses**

### The "NUT" Award

It matters little what the monetary penalty is or how much education is given there are some drivers who just will not take notice of the road rules. Sometimes this is because they are not aware that road rules change from time to time.

One of our readers suggested that we should have a quick refresher of some of those rules.

The most dangerous thing about travelling in a motor vehicle is still the "NUT BEHIND THE WHEEL".



It is important to remember that holding a drivers licence is a privilege and not a right. Treat it with respect.

### What to do if you gain four or more demerit points

If you accumulate four or more licence demerit points within a one year period, the Department of Transport and Main Roads will send you a notice giving you two options:

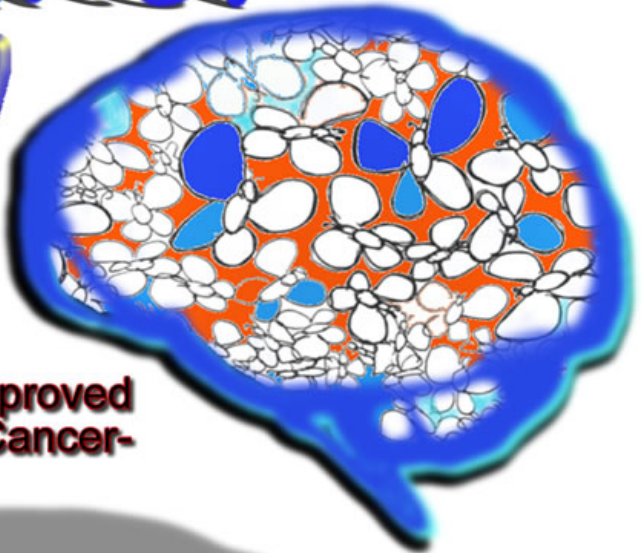
1. Accept a three-month licence suspension period  
OR
2. Agree to drive under a one-year Good Behaviour Period.

To inquire about your points ring 13 23 80.

**Brain Cancer is one of the least understood & most under-studied of all cancers – it has been described as a “BLACK BOX” disease.**

*in aid of Brain Tumour Research*

# No Brainer Ball



**Survival rates for Cancers have improved in the last decade but NOT Brain Cancer- Help change this!**

**Bands:**  
**Atlantic Crossing**  
**Dirty Money**

**\$ 65 pp**

**Two Course  
Dinner by  
Flaxton Gardens**

**Secret Auction  
with  
Lucky Chair prize per Table  
Time & Labour Auction**

**Licensed Bar**    **Tables of 10 available**  
**Dress: Smart Casual**

**Saturday 26th November 2011**

**6.00 for 6.30 until 11.30pm**

**Showgrounds Pavillion**

**Maleny-Stanley River Rd Maleny**

**Tickets & Info:**

**BRAIN CANCER**  
RESEARCH UNIT

**Call Kay Ridge 0438 370 369**

**RBWH FOUNDATION**

**Please join in the No Brainer Ball to assist Brain Tumour Research & Royal Brisbane & Womens Hospital Foundation.**

# Hinterlandgrapevine Online

## Truthful Jones Tells... he heard



**about** the day that a vacuum cleaner salesperson called to his house. This new salesman had just completed his training and was anxious to put his skills to work.

The salesperson arrived at Truthful's front door with his Hoover vacuum cleaner and rang the bell.

Truthful answered the door and before he could say anything the salesperson threw a pile of cow patties in the door behind Truthful onto the rug.

"G'day Mate," he said, "If this vacuum cleaner doesn't clean up all those cow patties, I'll eat them myself."

"I'll get you a spoon," chanted Truthful. "Our electricity hasn't been turned on, yet."

**Morale: It is important to be aware of the facts before putting your mouth into gear.**

## MALENY BOWLS CLUB FRIDAY SOCIAL BOWLS

Why not join as a social member and enjoy all the benefits of the club?

**Support your  
local Businesses**



## Maleny Library Coming Events Story and craft

On November 17th between 10:30 AM and 11:00 AM there will be a story and craft morning for young people between the ages of 3 and 6 years.

This event will be held in the children's area of the Maleny Library.

This is a free event and bookings are not required.

The library details are: Maleny Library, 5 Coral Street, Maleny - Phone (07) 5435 3100.



## Lawyer Street Businesses

Don't forget that there are a number of businesses in Lawyer Street, Maleny who offer products and services.

To find out more visit the web sit: [www.hinterlandgrapevine.com](http://www.hinterlandgrapevine.com) then click on the link on the right hand side of the page.

## Maleny RFB Roundup



with  
**Donna & Norm  
Lewis**  
Volunteer Community  
Education Officers

### Your Fire is Your Responsibility

Every year a small number of fires costs the Queensland community dearly.

Some of these fires escape from smaller fires that were lit for good reasons. If people are more careful with fire the loss and damage to possessions, property and the environment can be greatly reduced.

There is a process you need to follow for lighting a fire outdoors and how you should handle your your responsibilities.

Before you light a fire you need to make an application for a 'Permit to Light Fire' from your local fire warden.

Contact details for fire wardens are available through <http://mapping.dcs.qld.gov.au/external/firewardenfinder/>.

Following receipt of your application the fire warden may impose conditions on a permit to reduce unwanted risk or nuisance to other people, property or to the environment. The fire warden may refuse to issue a permit if they believe that appropriate safety measures cannot be reasonably achieved.

It is the responsibility of the person lighting the fire to maintain the safety of that fire.

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SUNERGY  
Solutions

**Grid Connect +  
Stand-Alone  
Solar Power  
Systems  
1kw to 30kw**

Best Service in SE Qld

Solar Energy Systems

Contact Max

**5499 9456**

**23 Coral Street,  
Maleny. 4552.**

## What to do with your rubbish?

State legislation requires council to divert 65% of household waste from landfill by 2020.

This will cause big changes in the way that individual residents and businesses deal with their waste output.

The Sunshine Coast Council have launched an online discussion forum that will give Coast residents a chance to have a say on how waste is collected and managed into the future.

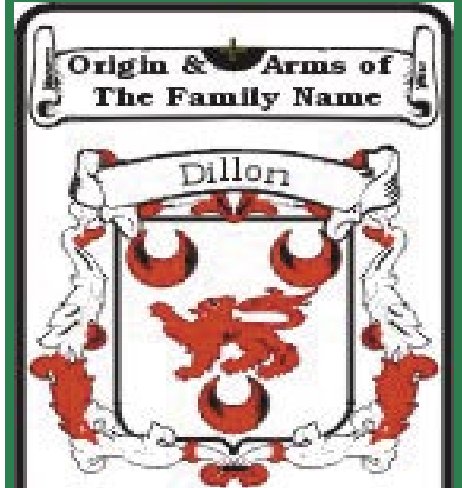
A new waste collection contract for the Sunshine Coast Regional Copuncil area will start from 2014 and the council requirements have to be defined before contracts can be let.

Sunshine Coast Council officers are hoping that residents opinions will assist to make the right decisions in this matter.

Council needs any public opinions by November 20th. Through this process it is expected that council will be able to reduce the amount of waste going into landfills. Failure to do this will mean that higher waste levies will be required to be paid by council thus increases in rate charges.

Further information about the strategic direction for waste management across the Sunshine Coast and Queensland is available at: <http://haveyoursay.sunshine-coast.qld.gov.au/futurewastemangement> and follow the links to Sunshine Coast Council's Waste Minimisation Strategy 2009 – 2014.

LET US FIND OUT  
A BIT ABOUT OUR  
SURNAME



The Dillons are a widespread and well-recorded family who in the 500 years since their arrival from Brittany as de Leon have emerged indistinguishably with the Irish. They were granted great acreages where they prospered and grew so numerous that their lands around Longford, Wesmeath and Kilkenny were called Dillon's Country. Offshoots of the family went to Mayo and Sligo, where the head of that family was Viscount Dillon of Costello-Gallen.

The Dillons acquired many peerages and played an active role in the tangle of 17th-century Anglo-Irish politics. They built castles but lost them and their land because of their adherence to Catholicism.

For further information about your clan contact Jack Frost - his web address is:

<http://www.irishscottishshop.com.au/>



## Got a paint job to be done?

Got no time for that paint job that you need done.

Large jobs or small jobs quoted on.

Qualified tradesmen licensed by Queensland Builders Registration Authority.

Lic No 1113664.

Fully insured - Local painters.

Every job treated as a master-piece.

**Arandall Painting  
Phone 0429 878 295.**

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# Hinterlandgrapevine Online

## The Musings of an old codger!



Unity water has recently announced a profit of \$68 million dollars. Of this amount Moreton Bay Council receives a dividend of \$26.2 million and the Sunshine Coast regional Council receives \$18.8 million dollars.

Not so long ago the Sunshine Coast regional Council Mayor, Mr. Bob Abbott was criticising The State Government and Unitywater for the increased charges for water being placed on Sunshine Coast residents.

It is no surprise now why Mr. Abbott did not carry through with his threat for the Sunshine Coast Regional Council to withdraw from Unitywater and take back the task of the supply of water and sewage to coast residents.

Now is a good time for Mr. Abbott to come good and take his own advice and reduce the cost of water to residents in this time of hardship.

Residents should not hold their breaths for any relief in the cost of water and sewage supply.

## Another paint hint from Maleny Paint Place **Inspiring Kids' Room?**

Kids' rooms are the one room in the house where the rules don't apply! Let your kids enjoy injecting their personality into the space. Encourage their creativity! Kids' rooms should be stimulating and fun. Create a nautical look in a boy's room with blue striped walls and matching themed bed linen.

Themes are often a good starting point using fabrics, posters or bed linen as your colour reference. Try using a monochromatic colour scheme with varying shades of blue and add in accents of rich red for a perfect boy's room.

### Expert Tips

Jo Carmichael one of Australia's leading interior stylists shares her tips on how to achieve stunning colour schemes for kids' bedrooms

"The best way to tackle a kid's room is to keep to simple colour palettes. Go for a neutral for the main walls and then add their favourite colour with a stripe, spot or check. Alternatively you can use a soft colour like pink or blue for the walls and then add the stripe or check with the white or neutral. Use a New Look Low Gloss Acrylic that is easy to clean. Its kid tough washable wall paint."

Bedding often has great colour so use this as a guide when creating a colour scheme. You can even take a sample of your linen to a Paint Place store to match into your paint scheme. Always go a tone lighter or darker so it's not perfectly matching. Keep skirting boards and woodwork fresh with an off white and go for a hardwearing paint that can take the knocks like New Look Gloss Acrylic.

To choose the best white take a few white colour swatches and line them up with the flooring and wall colours to find the one that sits comfortably in tone and is the most suitable.

For all your painting needs see Maleny Paint Supplies.

To keep us with news from Paint Place, Maleny join the Paint Place "YES CLUB". It also offers regular paint specials.

### Paint Place, Maleny



6/14 Lawyer,  
Maleny. 4552.

**Ph 54942002**

[www.hinterlandgrapevine.com](http://www.hinterlandgrapevine.com)

Click on the word Paint on the right hand side of page.

## This weeks Special

Wattyl Trademax

W.T.B. - Int/ Ext - L/S

**41ts - \$44.00**

(Must mention this add to get special price - Normally \$49.50)

Let us quote on that paint job now -

## Paint Place, Maleny



6/14 Lawyer Street,  
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**Ph 54942002**

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This weeks notices brought to you by Maleny Paint Place

# **The Maleny Singers**

**invite you to**

**Come Fly with Us  
on a musical journey  
around the world!**



**Touch down at international destinations for  
Standards, Show Tunes and well known Classics**

**....songs from New Zealand, South Pacific, Japan,  
Denmark, Rome, France, the U.K, Austria, Israel,  
Africa, South America and the U.S.A**

## **Maleny RSL**

**Sat 26th November 6.30 pm**

**tickets \$10.00 at the door  
(kids free!)**

**Licensed Bar BYO Nibbles**

*Donations to be made from proceeds to the  
Richard Ridge fundraiser and Maleny Hospital*

# Hinterlandgrapevine Online



This week with Peter Slipper M.P.

## Christmas for the Toops

I encourage readers to prepare Christmas gift packages to send to Australian troops serving overseas.

There are almost 4500 Australian soldiers based overseas who will spend Christmas away from their families, and the "Christmas for the Troops 2011" programme gives ordinary citizens a chance to make their time away a little more enjoyable.

Christmas is a season for spending quality time with loved ones and for those who are serving Australia in overseas postings, in challenging surroundings, being away from their loved ones is doubly difficult. The Christmas gift programme gives us a chance to say thanks to the troops, to let them know we are thinking of them and we appreciate their efforts, and to give them a gift package that aims to bring a smile to their face.

For details visit my website [www.peterslippermp.com.au](http://www.peterslippermp.com.au)

## Fisher Australia Day Awards

Nominations are now open for the Fisher Community Australia Day Awards 2012.

This is the 13th annual holding of the awards, which were started in 2000 by me to provide an opportunity to recognise those who work to make a positive difference in their community.

Nominations can be made for a variety of endeavours, from community services, industry and commerce, the arts and sport. Nominees will also be considered for the prestigious Fisher Citizen of the Year, the Fisher Junior Citizen of the Year and the Wortley Youth Encouragement Award.

Community Organisations can be nominated for the Des Scanlan Memorial Award. Nominations for this award are open to all community organisations doing valuable, and often unrecognised, work in the Fisher electorate.

Nomination forms are available from my office or by phoning 07-5444 4888. Nominations close on 16 December.

## Highway widening

Those wishing to sign my petition calling for the widening of the Bruce Highway between Caboolture and the Sunshine Coast to six lanes can sign it at my office at Buddina or at the office of Andrew Powell MP at Maleny.

## This weeks Special

Wattyl Fence Paint  
**6lts - \$39.00**  
Let us quote on that  
paint job now -

## Come Fly with Us!

The Maleny Singers take to the skies for a mini concert - "Come Fly With Us" -- a programme of standards, show tunes using a Flight Around The World as its theme.

The concert will be held at the Maleny RSL on Saturday 26th November 2011, starting at 6.30pm, doors open at 6p.m. Tickets are only \$10.00 at the door, and children free!

It's table seating and the bar will be open.

Donations from proceeds will be made to the Richard Ridge Fundraiser and the Maleny Hospital.

For more information on Maleny Singers visit <http://www.facebook.com/maleny.singers>

## "RELIABLE" tradespeople.

- ⇒ Landscapers
- ⇒ House Painters
- ⇒ Electricians
- ⇒ Plasterers
- ⇒ Plumbers
- ⇒ Colour Consultants

More will be added to our list as time goes on and we are satisfied that we can recommend their services with confidence.

**Click here**  
when connected to the internet to go to a new website for Maleny Tradespeople.

[www.malenytradesmen.com](http://www.malenytradesmen.com)

## Support your local Businesses

Local Businesses offer support and services to you and your business. They also provide local employment. Why not support them.

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