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Covering Queensland's Sunshine Coast Hinterland



Hinterlandgrapevine Online

Friday October 17th, 2008

Opening the Gate.....

It is official ... and you are seeing it here first.

At long last, a small but significant event has taken place on the land put aside for The Maleny Precinct. A temporary gate has been installed at a spot on Stephen Porter's farm to enable initial survey work required by the sporting clubs on area 7 and 7(a) much easier.

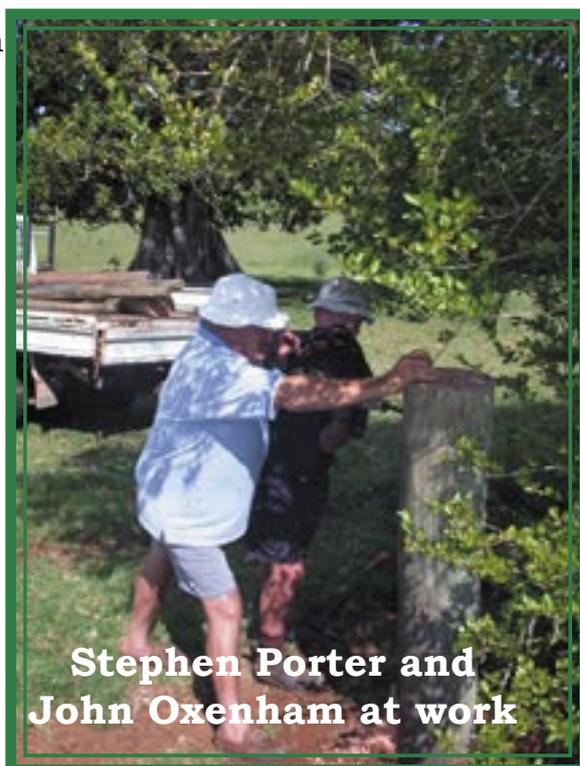
The Precinct Concept Maps are available on the Maleny District Sports & recreation Club website. (www.md-sarcinc.com). Sections 7 and 7(a) are the areas allocated to Sport and Recreation on the Approved Plan. This installation makes access to area 7(a) in particular much easier, with less driving across pastures. Area 7(a) is where the proposed joint club house, sports fields and bowling greens will be sited.

The gate post is a new one of treated hardwood, donated by Don Hassell; the white beech latch post has been in situ for about 100 years and was originally installed by Stephen Porter's

grandfather. The gate itself has been donated by the Maleny Golf Club.

The Maleny Precinct Working Group has met on three occasions.

Its inaugural meeting was on 1st September 2008. Members had an informal meeting on 16th September to discuss some



Stephen Porter and John Oxenham at work

key issues. It held its second official meeting on 7th October which was preceded by a site visit to the Precinct.

The Maleny Precinct Working Group members are:

Councillor - Jenny McKay

Council Facilitator

Steve Gould

Maleny Historical Society

Stan Collard

MALPAN - Bob Hall

MDSRC - Mike Norman

Maleny Golf Club

Max Whitten

Barung Landcare

Heather Spring &

Daryl Ebenezer

MalenyGreen Hills

Steve Swayne & Steven Lang

The proposed club house will be pegged out today.

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Truthful Jones Tells...



Truthful went to Dublin to visit relatives. At the airport when he was picked up by his nephew Sean they were approached by a Swiss man also on holiday in Dublin. He needed directions. He was standing outside the airport when he saw Truthful and Sean so he stops them and asks, 'Entschuldigung, koennen Sie Deutsch sprechen?'

Sean looked at Truthful blankly and then they both blankly stare back at the Swiss man.

'Excusez-moi, parlez vous Français?' he tries.

The two continue to stare.

'Parlare Italiano?' Still absolutely no response from Truthful and Sean.

'Hablan ustedes Espanol?' The Dublin lads remain totally silent.

The Swiss guy walks off extremely disappointed and downhearted that he had not been understood. Truthful turns to Sean and says, 'Y'know, maybe we should learn a foreign language!'

'Why?' says Sean, 'That guy knew four languages, and it didn't do him any good!'

"Weightwatchers"

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Another paint hint from Maleny Paint Place

Creative Armoires with Chalkboard PaintColor blocking

Painting the inside doors of a repurposed or unfinished armoire can personalize this piece for your children. Using Chalkboard paint creates a fun, creative surface for your child, but one that can be hidden when play time is over.

As with any painting project, surfaces preparation and priming are important to ensure the finish looks great and lasts through many years of use.

Chalkboard paints are available at many paint companies stores and home centers. The primary colors are either black or green.

For your Unfinished Wood armoire, here are the steps to success.

- *dull any glossy areas of wood ("mill glaze") by sanding with medium (#120) grit garnet paper; wear eye protection, dust mask and work gloves*
- *fill any gouges with wood filler; let dry and sand flush*
- *lightly sand the entire area to be painted with fine (#220) grit garnet paper, then dust off with clean rags*
- *It's VERY Important to remove all dust or wood fibers so chalkboard finish will be smooth.*

2. Step Two - Priming is needed to ensure adhesion of topcoat, stain blocking and sheen or gloss uniformity so prime all surfaces to be painted, using a top quality stain blocking primer.

Some chalkboard paints are supplied in spray cans. Be sure to check for recommendations on primers for this type of chalkboard undercoat.

3. Painting - Use a top quality chalkboard paint in the color of your choice, following manufacturer recommendation for application (either roller, foam brush or nylon brush).

Two coats will give you the most durable finish.

Most acrylic paints require a one week cure before use. It is also recommended to 'condition' the chalkboard by lightly rubbing chalk held horizontally over the entire surface, then washing the surface with a damp cloth. Your 'chalkboard' will then be ready for years of use.

To personalize the chalkboard, consider stenciling around the outside perimeter of the chalkboard with numbers, letters, animals or themes or even your child's name.

[Click here for web](#)

Paint Place, Maleny



6/14 Lawyer Street,
Maleny. 4552.

Ph 54942002

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Click on the word Paint on the right hand side of page.

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Mapleton Choir celebrates 25 years

In this Olympic year, the term "silver" is associated with coming second. But for the Mapleton Choir, this silver celebration represents 25 wonderful years and trust me, this concert is a winner.

The choir was founded in 1983 by local music teacher Geoff Welsh, who lead the choir for over 20 years. And there are a few long-term choir members who have been for over 20 years and are still singing strong. It is a rare thing for a community organisation to

survive for 25 years.

The members come from a wide range of backgrounds and anyone is welcome to join. A portion of funds raised our concerts is donated to local groups.

One on the evening of Friday October 24 at 7.30pm, and the other at 2.30pm on Sunday October 26. Tickets are available at the door but it is advisable to pre-purchase, to ensure a seat and they are available by calling Roger on 5478 6339, or Helen on 5445 7845.

The "NUT" Award

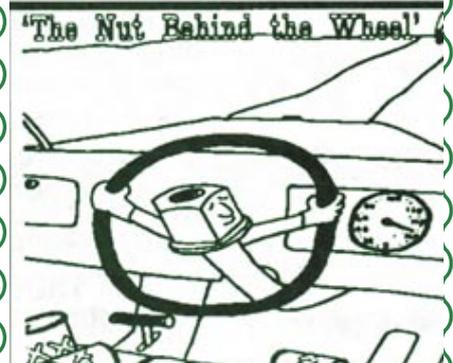
It matters little what the monetary penalty is or how much education is given there are some drivers who just will not take notice of the road rules.

They are not only a danger to themselves but they are a danger to other road users who have no control over the prevailing situation, not through their actions but the actions of the inconsiderate drivers.

Each week we will bring you the contender for the weekly "NUT" award - that is the weakest part of the car's safety - "The Nut behind the wheel"...

Let us see if we can do our little bit to improve road safety around our town.

If you know the person mentioned please have a quiet word to them.



This week's award goes to:-

the two trucks travelling abreast up Maleny-Landsborough Road at about 8.30a.m. Thursday in the two land section of the road. The driver of the truck in the right lane most likely thought that he could pass the other truck but was unable to do so and subsequently held up traffic all the way into Maleny.

Mum's favourite Recipes

Chicken Breasts

- easy evening meal on these warm afternoons.

Ingredients

- * 6 x 250g Kiev-cut chicken breast fillets
- * 50g roasted walnuts
- * 50g good brie
- * 1 dessert spoon olive oil
- * 100g rice flour
- * 1 tbsp Worcestershire sauce
- * 2 free-range eggs
- * 1 zucchini
- * 1 good pinch salt and pepper
- * 100g baby spinach leaves
- * 1 free-range egg (extra)
- * 200g rolled quinoa
- * 1 broccoli
- * 600g potato mash

Quinoa is a versatile seed, cholesterol and gluten free, high in iron, calcium and protein with a slightly sweet nutty flavour.

Method

Preheat oven to 190C. Separate tenderloins from chicken breast fillets, then cut a small slit in the side of the breast fillet to put the mixture into. For the mixture, puree chicken tenderloins, roasted walnuts, brie, olive oil, Worcestershire sauce and 2 eggs in food processor. Puree until chicken has taken on a mousse form.

Fill the breast fillets with equal amounts of the walnut and brie mixture. Dust chicken pieces in rice flour, then roll in egg, and finally in rolled quinoa flakes, pressing lightly.

Heat a small amount of vegetable oil in a pan and seal chicken until golden in colour. Place on an oven tray. Bake in oven for approximately 12 minutes or until just firm to touch.

To serve, place equal amounts of creamy mashed potato on six plates, top with steamed green vegetables, slice the chicken in half and criss-cross atop the vegetables.

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WHY IS IT SO? Westerly Winds



Ever wondered why the wind always blew from west to east. After all the Earth rotates in that direction, and if anything, you'd expect the wind to go the other way as the Earth rotated underneath it.

The answer is Conservation of Momentum - as surface winds travel towards the Pole, they also get closer to the North-South axis of the Earth, AND they have to go west, to conserve momentum.

Let me explain. Air rises at the equator until it hits warm air - 15 kilometres above the ground. It heads to about 30° south of the Equator, and then falls down to the ground, and then heads, at ground level, to 60° South.

As it goes from 30° South to 60° South, it gets closer to the Pole AND the North-South axis of the spinning Earth. It's just like the skater on ice spinning, with their arms held away from their body. As they bring their arms in, they have to conserve their angular momentum, so they speed up their rate of spin. As the wind moves closer to the Pole, and the axis of the Earth, it speeds up its rate of west-to-east spin. And that's how come you get the westerlies.

In the Northern hemisphere, the westerlies don't really get a chance to strut their stuff, because they're mostly interrupted by land. But in the Southern hemisphere, between 40° and 50° south, there's hardly any land. There the westerlies build up so much force that they're called the Roaring 40s. In the old days, a clipper ship could make 3,000 kilometres in a week.

Another job well done by APEX...

I am sure that everybody in Maleny uses the Maleny Apex Business Directory to find services and products that they need. The Maleny Apex Club raises a large amount of money through this publication which is then spent on community needs.

Just one community service that Apex Clubs provides is Apex Escapes. Apex Escapes is an organization that provides respite accommodation for families of those who have a family member with a serious disability or illness. It is difficult to realise just what a family goes through when it is continually coping under this stress.

By working closely with physiotherapists' Apex organises weekends away for some of these families so that they can just have a short break to re-charge batteries.

Recently I came across a story of just one family that has taken up this excellent opportunity. The Mayfield enjoyed a lovely weekend away in Maleny.

They stayed at Arley Farm. Old time Malenyites know this farm as "The Lawley" property but now it is a bed and breakfast Farm stay run by Peter and Fiona Stevens.

Arley Farm is 160 acre cattle breeding property located in King's Lane just 4 km west of Maleny. The property is a former dairy which spans a wide valley with three dams and is bordered by 1.5 km frontage to the Obi Obi Creek.

Because this area is in an important riparian rainforest remnant with over 200 species of plants including strangler figs, palms and ferns which are host to abundant bird and wildlife and their own resident platypus is it a great place to get back to nature just to listen to the birds and animals.

This holiday was just the ticket for young Preston Mayfield who suffers from Cystic Fibrosis and his caring family.

Just one more of the "GOOD" stories about our community and the community service provided by our community service clubs.



This week's Saying

A friend is someone that won't begin to talk behind your back when you leave the room.

.....Think about it

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A brief look at some of the history of the area and things that are happening around us.

RELAY FOR LIFE — SUNSHINE COAST HINTERLAND

Relay For Life is a Cancer Council Queensland event where everyone in the community can join in the campaign against cancer.

This event is 18 hours filled with fun, festivities and camaraderie. It's about celebrating life, remembering those we have lost and taking the opportunity to fight back!

And judging from the number of people who attended the event at the Maleny Show Grounds on the weekend of the 11th & 12th October, 2008 that is what people are doing.

Long before the official start of the event at 2p.m. On Saturday October 11th many were well ready as they set up tents, tarpaulins and some even brought their caravans. No roughing it here.



Even the post-man delivered the mail direct into the letterboxes. As with days gone by letters were delivered with a blast of the whistle.

People of all ages have been "touched" by cancer

Cancer shows no favourites and shows no favourites when it comes to either age or gender. The prevention and early detection programs and activities conducted by The Cancer Council Queensland aim to reduce the incidence and mortality of cancer in Queensland.

Whilst the day looked set to be wet and cold it only half complied. Whilst the afternoon was quite cold the night quickly became absolutely freezing.



Many younger people took part in this event. Some of them have already survived this journey whilst others just wanted to support the cause. Dressing up or down for the day was all the go and all took it in their stride.

Entertainment for the evening was provided by Coast band, "Not Yet Dead". The live music helped walkers to keep going into the night.



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Every cent raised goes towards cancer research and other services provided by the Queensland Cancer Council.

This research means that now an extra 10 people in every 100 survive what once was a terminal sentence.

A diagnosis of cancer can create distress, uncertainty and confusion. People deal with it in different ways and most people cope well over time. Providing support and information to people with a diagnosis of cancer, their family and carers is a key service of The Cancer Council Queensland.

Each year the event starts off with the first lap of the 18 hour walk being completed by survivors of cancer. To see those survivors complete their lap shows the importance of continued research into the causes and treatment of cancer.

Hopefully, in the not too distant future that dreaded diagnosis will not have the same dreaded bearing as it does today. Through research we are sure to find a way to stop cancer becoming a terminal sentence.

Photo below shows the 2008 lap by cancer survivors and their carers.

Relay for life turns three

Relay for Life in the Sunshine Coast Hinterland turns three this year and several hundred people joined in to help celebrate.

Chairperson of the Maleny and Hinterland Relay For Life committee, Mrs Monica Skerman, said the community has shown immense support for this relay.

The Relay for Life Oath was read by Caloundra City Citizen of the Year, Mr. Chris Brooker.

A highlight of the evening was the traditional lighting of candles. Candles are placed around the track to remember and honour those who have lost their battle with cancer.

Cancer Council Queensland is an independent, community-based charity and is not government funded. The achievements of Cancer Council Queensland are made possible by the generosity of Queenslanders.



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This week with
Peter Slipper M.H.R.



Active Children

With the ever-present concerns about the health of our children and the problems of obesity, it is timely to be reminded of the good work done by some in the community.

The Active After-school Communities programme is run by the Australian Government through the Australian Sports Commission to encourage access for primary school children to free, and structured, physical education activities between 3pm and 5.30pm.

Parents who are considering some additional physical activities for their children should consider the AASC programme. For details, visit www.ausport.gov.au/aasc

Environment Funds

Funding totaling some \$13 million has been announced for World Heritage projects in Australia and the Asia-Pacific region.

The funds include \$2.7 million for the Wet Tropics World Heritage Area, \$1.9 million to support specific projects and administration in World Heritage sites in Australia and \$2.5 million allocated to UNESCO to support international World Heritage projects, in the Asia-Pacific region.

Further details are available at: www.environment.gov.au

Drowning Deaths

Surf Lifesaving Australia is releasing a Water Safety Plan that aims to achieve a 50% reduction in drowning deaths in Australia by 2020.

The number of drowning deaths in Australia has reduced dramatically over the past 90 years – in 1920, there were some 8.8 deaths per 100,000 people, but that has dropped significantly to some 2 deaths per 100,000 in 2007.

The success is attributed to such initiatives as the development of swimming and water safety foundation skills in the community, management and surveillance at high risk locations, dedicated lifesavers and instructors.

Three key areas which will be targeted in future include focusing initiatives on high risk “life” groups – pre-schoolers, males 18-34, including those accustomed to alcohol consumption and older people.

For further information, contact Surf Lifesaving Australia at 02 – 9130 8312 or visit www.slsa.com.au

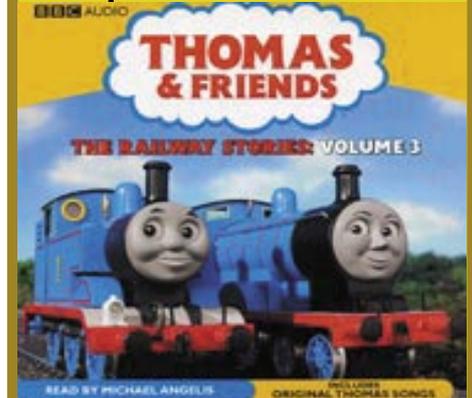
Awards for Volunteers

If you know of any hard working community members who give up considerable amounts of their own time for the good of others, you should consider nominating them for a Fisher Community Australia Day Award.

These awards are presented at a formal ceremony each Australia Day and recognise local residents who have made a significant contribution to their local community.

For a nomination form, contact Richard in my office at 5443 3555 or at richard.bruinsma@aph.gov.au

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More will be added to
our list as time goes
on and we are satis-
fied that we can rec-
ommend their servic-
es with confidence.

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