

<http://www.hinterlandgrapevine.com>

Covering Queensland's Sunshine Coast Hinterland



# Hinterlandgrapevine Online

Friday December 19th, 2008

## Nominate a worthy person for the Fisher Community Australia Day Award.

Nominations are now urgent to make the cut off date for the Fisher Community Australia Day Awards.



Pictured is Maleny Resident Geraldine Cole who last year was recognised with the award of Fisher Citizen of the Year 2008. With her are Member for Fisher Peter Slipper, State Member for Maroochydore Fiona Simpson and Fisher Australia Day Committee member Belinda Howard.

## "Weightwatchers"

Join Online today and save \$24 on a 3 month plan

[Click here now to go to Online Registration](#)

[Click here to go to our "Gig Guide" \(Must be connected to the internet at the time\)](#)

## Slipper and Powell host community barbeque

Some 40 local residents joined Member for Fisher Peter Slipper MP and LNP Candidate for Glass House Andrew Powell at a free community sausage sizzle at Tesch Park, Maleny last Saturday (December 13).

"The weather was wonderful, the people were friendly, and it was a great opportunity to meet local residents to discuss issues that are a concern to them," Mr Slipper said.

The Maleny event was the latest in a long series of sausage sizzles hosted by Mr Slipper, to provide local residents with an opportunity to discuss in an informal setting key local issues – and enjoy a sausage or two at the same time.

"With so many of us leading such busy lives during the week, with work and school drop-offs and the like, it is often difficult to find time to do

many things," Mr Slipper said.

"The sausage sizzle gave Andrew and me an opportunity to meet residents in an enjoyable environment to share discussions on a wide variety of issues."

Mr Powell met several local residents, who spoke to him about key local issues that they believe need to be addressed at a state level.

"I am visiting a lot of local residents and this was another great opportunity for me to speak directly with residents and to listen to the state issues that concern them," said Mr Powell.

Mr Slipper is planning additional sausage sizzles in Maleny and in Glass House and Woodford early in the New Year.

**Photo below Harvey Bryce, Peter Slipper & Stan Collard**



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**Truthful Jones Tells...** that his Scottish neighbour, Sandy was drinking at a pub all night last week (just having a Christmas drink). When he got up to leave, he fell flat on his face. He tried to stand again, but to no avail, falling flat on his face.



He decided to crawl outside and get some fresh air to see whether that would sober him up. Once outside, he stood up and, sure enough, fell flat on his face. So, being a practical Scot, he crawled all the way home.

When he got to the door, he stood up yet again, but fell flat on his face. He crawled through the door into his bedroom. When he reached his bed, he tried once more to stand upright. This time he managed to pull himself to his feet but fell into bed. He was sound asleep as soon as his head hit the pillow.

He woke the next morning to his wife shaking him and shouting, "So, ye've been oot drinkin' as usual!"

"Why would ye say that?" he complained innocently. "Because the pub called an' ye left yer wheelchair there again!"

**Morale: Never try to put it over the missus. She always knows all.**

## Electricity prices to rise again ... but you can help yourself

Much has been talked about in making our daily life more environmentally sustainable. The Sunshine Coast Regional Council is doing something to assist all residents to be able to live a more sustainable lifestyle.

The Council's "Sustainable Streets program" is about connecting people at a neighbourhood level to exchange ideas and knowledge to create a shared future for their community.

To assist local residents, The Council is sponsoring a community website that is being launched early December 2008. The website [www.greensunshine.com.au](http://www.greensunshine.com.au), provides advice on sustainable streets and sustainable business programs, and is the result of funding supplied from the Sunshine Coast Council to Green Sunshine.

Green Sunshine is a community

catalyst group of the Noosa Creative Alliance (<http://www.noosacreativealliance.com.au/>). The focus of this group is to take the concept of sustainability and apply it at the grass roots level for residential and business communities across the region.

Council contributed funding for the website as a result of the Sustainability Dialogue Group, which came out of this year's World Environment Day forums. The website will promote council owned and supported regional programs such as Living Smart and Eco Biz. It also provides an avenue for local communities to discuss sustainability ideas and issues, by creating an online dialogue and information resource for the entire region.

"The Green Sunshine group was already in existence and it made sense for the Sunshine Coast regional Council to build on the

## Mum's favourite Recipes

### Simple smoothie drink

- for those watching their weight.



#### Ingredients

- \* 2 cups soy and/or skim milk
- \* A few spoons of low-fat yoghurt
- \* Any fruit — eg banana, mango, berries, peach etc.
- \* 1 teaspoon of honey (optional)
- \* Few drops of vanilla essence

#### METHOD

Mix all ingredients and keep smoothie in the fridge.

Not only is it healthy but it is very refreshing on these summer days



work they were doing in the community," Cr Jones said. "Instead of creating a new stand alone resource, we were able to build on Green Sunshine's current work and the funding allowed for it to expand to include a blog, forum and a place for people to post information about projects and activities in the region," Cr Jones said.

The website will also help promote a range of events and activities that are focussed on improving sustainability on the Sunshine Coast and bringing people together. The website will help local communities to reduce their impact on the environment by offering the tools and resources to measure, monitor and modify their usage of water, energy, waste and transport kilometres:

Visit the Green Sunshine website at [www.greensunshine.com.au](http://www.greensunshine.com.au) <<http://www.greensunshine.com.au/>>

This weeks notices brought to you by Maleny Paint Place

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## WHY IS IT SO?



*If heat rises, why is it so cold in the upper atmosphere?*

### Answer

The saying "heat rises" is an acknowledgement of the fact that warmer air has a lower density than the surrounding atmosphere, and therefore, being of lower density, it will rise.

This rising is limited however - think about it - if there were no limit to hot air rising, then the entire atmosphere would float out into space.

The reason it is "cold" in the upper atmosphere is actually because of a lower air density. Remember that our concept of "temperature" as measured by a thermometer is actually the energy of the collisions between atoms.

If you have a high density of atoms and you put thermal energy into the system you will raise the temperature. In the upper reaches of the atmosphere, the decreasing density means that even if the temperature were constant, it would FEEL like the temperature was going down.

This lowering of temperature with altitude is called the "lapse rate" and a standard lapse rate is about 3deg Fahrenheit per 1000 feet. This can change from 1-5 degrees F depending on variables like pressure, humidity, etc.

**Most of the shadows of this life are caused by our standing in our own sunshine.**

## Another paint hint from Maleny Paint Place

**To protect your exterior wood  
when only the best will do**

It's a breakthrough in exterior wood care

It's Spa-N-Deck, and it's so advanced, you can apply it right after cleaning - while wood is still wet - so there are no delays to your schedule. 100% Acrylic - That's Tough

Looking for strong protection? Spa-N-Deck uses the same acrylics used in the windshields of aircraft. If the airlines trust these acrylics to protect their investment, shouldn't you?

Lasts 3 to 5 Times Longer Than Oils Or Other Conventional Finishes. Spa-N-Deck is super-durable, lasting so much longer than ordinary finishes. That's because Spa-N-Deck was engineered to withstand the severe weather of the tropics.

Spa-N-Deck is unconventional because it is applied to wood with the surface thoroughly wet so you don't have to wait or wood to dry before finishing a job. Its unique design works with wet surface and the wood's natural moisture to penetrate the

wood pores.

Spa-N-Deck comes in 6 pre-mixed colors; Sedona, Redwood, Weathered Grey, White, Cedar and Natural.

Spa-N-Deck is available at Maleny Paint Place.



*This weeks  
Special*

**Taubmans Duraclean  
W.T.B. - Int - L/S**

**6 lts - \$66.00**

**(Must mention this add  
to get special price  
- Normally \$72.00)  
(Limited stock)**

## Paint Place, Maleny



5/14 Lawyer Street,

Maleny. 4552.

Ph 54942002

[www.hinterlandgrapevine.com](http://www.hinterlandgrapevine.com)

Click on the word Paint on the right hand side of page.

**This weeks notices brought to you by Maleny Paint Place**





# Maleny Paint Place

6/14 Lawyer Street, Maleny.

## Want an exciting new effect.....

New Look XtraFX is a water based range with stunning effects, ideal for feature walls.

XtraFX Metallic Shimmer, creates a soft metallic finish.

XtraFX Suede Look, used to create a Mediterranean look.

XtraFX Tuscan Wash, imparts a soft weathered patina in a Tuscan style.

XtraFX Noosa Style, formulated to imitate the worn look of stone.



*All of this on sale  
until  
December 31st  
at  
Maleny Paint Place*

## The tools of the trade

At Paint Place we're committed to helping you achieve the best possible result, which is why we offer a range of quality accessories with a value for money price tag.

From brushes & roller kits to edgers & gap sealant, our friendly staff will work out exactly what accessories you need for a quality finish to your painting job.

## The right paint for all your painting needs

The New Look range is a premium quality range of paints suitable for every part of your home.

New Look is available in a range of sheen levels and can be tinted to an enormous range of colours.

New Look paint is a premium quality paint and at the right price.

New Look paints are made by Wattyl exclusively for Paint Place.

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News from  
Maleny Bowls Club

by Chairman Ian Hansen



Once again there is very little to report with the green still under repair. The recent hot weather and storms have been very conducive to grass growth so hopefully, the green may be back in use by mid January. However, this is no certainty so it is a case of wait and see.

Don Ginns, for the second consecutive week, was the only Sponsors' Prize winner present on Friday evening. This week he won the Maleny Paints prize. Other winners would have been: Phillip English for both the IGA and Full Monte prizes, Cliff Deans for Beechwood Bakehouse and Faye Lankester for Live Life Villages.

There may be no Bowls being played in Maleny but this did not stop Helen Caulley, Doug Frawley and Jo Littler from winning the Triples at Mooloolah valley last Monday. Well done Helen, Doug and Jo. Good to hear of our players winning at other venues.

Since Bowls aren't being played, I'm going to let myself off Sunday night homework for a few weeks by not writing any notes until the New Year.

Also the paper will be in recess for a couple of those weeks so there will be no need to write notes. Hence I'll take this opportunity to wish all our members and sponsors all the very best for a Merry Christmas[not too merry] and for a happy, prosperous, healthy, good bowling 2009.

Finally, many thanks to our Sponsors for their most generous support during 2008. Hopefully your Sponsorship will continue in 2009 as it is greatly appreciated by all our members.

## The "NUT" Award

It matters little what the monetary penalty is or how much education is given there are some drivers who just will not take notice of the road rules.

They are not only a danger to themselves but they are a danger to other road users who have no control over the prevailing situation, not through their actions but the actions of the inconsiderate drivers.

Each week we will bring you the contender for the



weekly "NUT" award - that is the weakest part of the car's safety - "The Nut behind the wheel"...

Let us see if we can do our little bit to improve road safety around our town.

If you know the person mentioned please have a quiet word to them. This week's award goes to: - To those responsible for leaving the rail crossing at the Landsborough Railway Station in the present condition.

## Dell Computers are giving away the ideal gifts

Dell P.C.'s are designed for giving so this Christmas Dell Computers are giving away eight of their most stylish machines. One for you and one for your friend. Why two? Because Christmas is for sharing. To enter, simply register for the competition, subscribe to Dell, and outline why your friend deserves to receive a Dell computer. Simply click here and look for the DELL COMPUTER LOGO and then click on that. *You must be connected to the internet at the time.*

*Merry Christmas from us all.*

*Click here  
to go to our  
"Events Guide"  
(Must be connected to  
the internet at the time)*

**Apple iMac** - Slim, all-in-one design

Setting the highest standards for elegance and simplicity, the all-in-one iMac packs all its components — from processor to video camera — into an astoundingly thin, anodized aluminum frame.

*From \$1599  
(delivered to your door)*



**Click here and follow the prompts to buy NOW**

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This week with Peter Slipper M.P.



## New Women's Health Policy

The Government will next year hold public consultation for its new National Women's Health Policy.

The National Women's Health Policy aims to ensure that the health services in Australia better meet the needs of Australian women. It has been some 20 years since the policy was last reviewed and updated.

The public consultations will include discussions with consumers, community members, medical professionals and state government representatives.

The consultation will begin with a roundtable conference in early 2009. To view a copy of the download a copy of the document "Setting the Scene", visit [www.health.gov.au/womenshealthpolicy](http://www.health.gov.au/womenshealthpolicy)

## Spinal damage campaign

A new Government campaign will repeat the message to urge people

to take precautions in every day life to protect your spine.

Four new Community Service Announcements (CSAs) have been launched in association with the Spinal Injuries Association.

They aim to raise awareness about the risk of spinal cord injuries and to encourage people to please take care.

The Spinal Injuries Association reminded people that it can take only a split second decision to change your life forever.

Common precautions include checking the depth of water to ensure its safe to dive into, taking care on the roads and while playing sport.

## Free sausage sizzles

I am hosting several more free community sausage sizzles in the area in the coming months to enable local residents to have a chance to meet me and the LNP candidate for the Glass House electorate, Andrew Powell to discuss any issues of concern.

Andrew will be on hand to intro-

duce himself and to get some feedback about state issues of concern.

As we all live busy lives, the barbecue is designed to give locals who are normally unable to make the trip to my electorate office a chance to catch up in an informal setting on a Saturday.

The community barbecues are due to be held in Maleny on 14 February. I am also hosting the events at Wamuran on 17 January and Glass House on 7 February.

Please RSVP to my office at 5443 3555 for catering purposes.

**Talk to us about a Trade-person!**



**We can supply the names and phone numbers of the following "RELIABLE" tradespeople.**

- ⇒ **Landscapers**
- ⇒ **House Painters**
- ⇒ **Electricians**
- ⇒ **Plumbers**

**More will be added to our list as time goes on and we are satisfied that we can recommend their services with confidence.**

## Support your local Businesses

**Hinterland Employment Service 5499 9850**

**Humphries & Fisk Real Estate - 5499 9850**

**Impact Painters - 0429 640 732**

**Maleny Cheese Factory - 5494 2207**

**Maleny Print & Copy Centre - 5494 2888**

**Maleny Paint Place - 5494 2002**

**Local Businesses offer support and services to you and your business. They also provide local employment. Why not support them.**

This weeks notices brought to you by Maleny Paint Place