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Covering Queensland's Sunshine Coast Hinterland



Hinterlandgrapevine Online

Friday November 21st, 2008

Our Thoughts

With the school year almost at an end and "schoolies celebrations" in full swing from this weekend we wish to bring you an open letter from a young girl who has had a hard year this year.

The last few weeks have been horrendous on our roads and with the Christmas period upon us the dangers are not going to get any less.

Please take in the thoughts of our young correspondent (see pages 6 - 7). It is so heart wrenching but it can also happen so quickly to you.

NOTICE OF A.G.M. MALENY RANGERS SOCCER CLUB

The Annual general meeting of The Maleny Rangers Soccer Club Inc will be held on Sunday the 30th November 2008 at The Big Barrel Winery, 269 Landsborough/Maleny Rd at 4.00 P.M.

Nominations for the following positions are now open:-
President, Senior Vice president, Junior Vice President, Secretary, Treasurer, Registrar, Coaching Director.
Nomination forms may be obtained by contacting Cheryl Hine on 54942956.

*Click here to go
to our "Gig Guide"
(Must be connected to
the internet at the time)*

Are you experiencing blurring or a blind spot at the center of your field of vision?

One of the reasons for this could be that you are suffering from Muscular Degeneration. This condition is Australia's leading cause of blindness.

The macula is a small area in the center of the retina that is responsible for sharp, detailed central vision. Macular degeneration results in a gradual distortion of central vision, and sometimes leads to a central blind spot called a scotoma.

When central vision is impaired, you may have difficulty recognizing faces and colors, driving a car, reading print, or doing close handwork, such as sewing or other handcrafts.

Early detection is imperative to curtail the spreading of wet and dry AMD.

Muscular Degeneration can occur in middle-aged people but the risk increases with age. People over the age of seventy-five have a 30% chance of developing this condition.

Studies have found that women have a greater risk factor of getting AMD than men. Smoking also increases the risk, as does a family history of the disease.

People who suffer from high

cholesterol levels run a very high risk of getting wet AMD.

AMD, whether it be wet or dry, is not painful. With dry AMD, the vision is sometimes slightly blurred. A person will need

more light for reading and other tasks that require the use of central vision. Recognizing people may be almost impossible until they are very close to you.

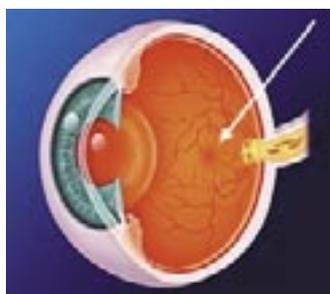
Those who suffer from AMD in only one eye often do not notice a change in their vision.

With one good eye, they can see fine details and still drive and read. Some people only notice a change in their vision when both eyes have been affected.

To find out more about this condition you are invited by the Maleny R.S.L. Sub Branch to an information session at the R.S.L. Hall, Bunya Street, Maleny on Wednesday November 26th between 1p.m. and 2p.m.

This is a FREE SESSION where you can learn more about this condition including the importance of nutrition and lifestyle.

This information session is being run by the Maleny R.S.L. in conjunction with the Muscular Degeneration Foundation. More information is available by FREEPHONE 1800 111 709



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Truthful Jones Tells... his neigh-



bour Seamus had gone to the Himalaya Mountains to climb Mt Everest. Unfortunately he had a major mishap on his first day of mountain climbing. He slipped from a highish peak and fell twenty feet, stopping himself only by grabbing hold of a very, very small clump of bushes. There he hung, every second expecting the bushes to snap and send him hurtling hundreds of feet to his death.

'Is there anyone up there? Is there anyone who can help me? Is there anyone at all?'

Suddenly the heavens boomed with the sound of a mighty voice:

I am the Almighty. I am here to help you, Seamus. Trust me. Let go of the bush and let yourself drop and I will catch you in my arms and carry you safely to earth!

Seamus pondered for a while, and then said, 'I appreciate the offer. But is there anyone else up there?'

Morale: In some situations in lifde it is very hard to put your faith in anyone else - sometimes even in the "Lord".

The Maleny Swimming Club's Christmas Party will be on the 10th December at the pool on Club Night from 5:45pm.

Santa usually arrives in style!

"Weightwatchers"

Join Online today and save \$24 on a 3 month plan

Click here now to go to Online Registration

This week with Peter Slipper M.H.R.



Opportunities for Disabled

A new publication has been launched to outline compelling cases for the inclusion of those with a disability as customers and employees.

Some 20% of Australians have some form of disability or impairment but this does not necessarily prevent them from working. It is reported that those employers who have disabled employees have noticed that they tend to have better attendance records, suffer fewer work injuries and remain longer in the positions.

This publication "Opportunity" has been launched alongside a new website, which will provide useful advice and links to assist employers and the community in getting more information about the business case for employing people with disability. The web address is: www.disabilityconfidence.org.au

Inventions wanted

The Grains Research and Development Corporation is inviting inventive farmers to put forward their ideas for streamlining grain production and harvesting.

The GRDC recognises that farmers are known for being inventive and their good ideas could be utilised by the wider farming sector.

The ideas will be assessed and for those with merit, the GRDC could negotiate with the instigator to develop further. All ideas need to be submitted by the E-Concepts process.

Ideas can be submitted at any time but will be assessed three times annually, on June 15, October 15 and February 15.

Further information is available from the GRDC website www.grdc.com.au/director/apply/econcept.cfm

HMAS Sydney

The loss of the HMAS Sydney in 1941 resulting in the loss of 645 lives has been commemorated in a number of services around Australia. The commemoration is significant in that the wreck was only discovered in March this year.

Maleny R.S.L. holding a Rhythm & Blues night

Maleny RSL is holding a Rhythm & Blues night on Saturday 29th November. Doors open @ 6pm.

This is a fundraiser by the RSL for the RSL. There will be a licensed bar operating. Coffee/tea, cake will also be available. Sorry no BYO alcohol.

The artists are Brian Fraser and Pop Standen who are very well known within this genre. Commencing approx 7pm, we expect a show of at least 2 and a half hours.

Cost is a minimal \$10 per head.

This will be a very enjoyable laid back evening so why not get a group together for a great night of entertainment.

This weeks notices brought to you by Maleny Paint Place

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Emergency Services week thanks to the Emergency Services Volunteers

EMERGENCY SERVICE GROUPS ARE THERE WHEN YOU NEED THEM!

You never know what is ahead on the road of life. Major incidents involving bringing tragedy or disruption to our communities can happen at any time. Remember the disastrous Beerburum fires, the many fatal traffic accidents that occur in our area. A community must be prepared for whatever comes. It is not financially possible to ensure that paid professional workers are on hand 24 hours a day, 7 days a week, just in case.

This is a time of year when we can expect to be touched by a major incident of some sort - be it weather derived, major road incident or bush fires.

We may wonder what they do and why they do it, but volunteers are one of our communities' greatest assets when we prepare to deal with these types of incidents. They regularly attend their training sessions to improve their skills and to be professional in their outlook and efficiency.

When they declare that they need some funding for equipment and training facilities, do some sums and work out the financial efficiencies these groups give to the community.

In times of community need the volunteer service groups are always there to assist our community to deal with the problem that besets it. This is emergency service week and we should remember those groups - be they Rural Fire Brigade, State Emergency Service Groups, Red Cross or the many other groups that have our community thoughts at hand.

The "NUT" Award

It matters little what the monetary penalty is or how much education is given there are some drivers who just will not take notice of the road rules.

They are not only a danger to themselves but they are a danger to other road users who have no control over the prevailing situation, not through their actions but the actions of the inconsiderate drivers.

Each week we will bring you the contender for the weekly "NUT" award - that is the weakest part of the car's safety - "The Nut behind the wheel"...

Let us see if we can do our little bit to improve road safety around our town.

If you know the person mentioned please have a quiet word to them.



This week's award goes to:-

Why is it the same silly incidents keep happening - at about 3.40p.m. on Saturday last a white 4WD travelling towards Landsborough (complete with family aboard) had to overtake a line of traffic (over double lines) whilst going through the "Ice Box".

Mum's favourite Recipes

Sesame Chicken Kababs

- easy evening meal on these warm afternoons.

Ingredients

- * 1 pork chop per person
- * extra virgin olive oil
- * butter
- * beaten egg mix
- * roughly chopped fresh sage
- * salt and pepper
- * crumb mix - 2/3 bread crumbs 1/3 grated Parmesan
- * flour

Method

Allow 1 pork chop per person. Beat the flesh as flat as possible using a meat hammer, taking care not to separate it from its rib. Dust each flat chop with flour, then dip in some beaten egg and finally crust it in a mixture of 2/3 bread crumbs and 1/3 grated Parmesan, a good handful of roughly chopped fresh sage, salt and pepper to taste.

Heat a tablespoon each of butter and extra virgin olive oil in a large pan and lightly fry on both sides until golden.

Serve with a wedge of lemon.

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Another paint hint from Maleny Paint Place **Planning an interior paint job!**

Checklist

- * Recommended Paint Roller
- * Matching roller frame
- * Paint tray and tray liners
- * Aluminium extension pole
- * Synthetic Paint Brush 60mm
- * Synthetic Paint Edger 38mm
- * Drop Cloths
- * Masking Tape
- * Paint Mixer
- * Paint Pads for varnishing
- * Correct surface filler
- * Filling knife
- * Sanding block or pole sander

Before you tackle your paint job, it is important that you make sure you have the right equipment. Taking shortcuts or using low quality equipment can cost more time and expenses in remedial work.

Specific paint rollers, brushes and tools have been developed for every painting application. Choosing the right equipment and using the correct technique will result in a painting job that is faster, cheaper and easier to use than alternative methods.

Since the majority of homes use water based paints or oil based paint, a good quality synthetic brush is the brush of choice as they can be used for both water based and oil based paints.

The best synthetic brushes on the market are the Sella's Spirit range of brush which are made of specially conditioned Dupont Tynex and Orel filaments.

These high quality filaments give better pickup and even release

with complete coverage over a larger area. Your job will go faster and smoother no matter what the surface. And when you're finished, clean up is easy.

These brushes have bristles that are "tipped" and "flagged" during manufacture to give even better paint pickup, greater coverage and easier application.

Different filament lengths are carefully blended for superior pickup and just the right number of filaments packed into the ferrule for a "full feel" and proper paint release.

In contrast a hog bristle brush is ruined by water based paints as they absorb the water in the paint. The bristles become limp and the brush loses consistency and uniformity of application. Because of the rough texture of hog hair bristles, the paint gets clogged in the bristles making it difficult to clean.

Roller Frame and Covers
Always purchase a high quality roller frame and roller, it will give the best paint coverage and surface finish. Choose a roller cover with the correct fabric for the paint and surface being painted.
(Cont next week)

WHY IS IT SO?



How many stars can you see at night

It seems like millions, but it's less than a thousand! Astronomers measure the brightness of stars in Magnitudes. In a fairly dark suburb on an average night, the faintest star you can see is about Magnitude 5.5.

There are about 2,800 stars visible down to a brightness of Magnitude 5.5. Of course, these stars surround the entire globe of the Earth, so you'll be able to see only about half of these stars above your local horizon at any given time - say about 1,400 stars.

But there's an effect called "atmospheric extinction", which means that as a star gets low in the sky and close to the horizon, it gets lost from view because the light is absorbed by the extra atmosphere it has to travel through. Also, the number of stars you can see depends on your location.

At Australia's latitude, we can see more stars than anyone else on the planet.

Paint Place, Maleny



6/14 Lawyer Street,
Maleny. 4552.

Ph 54942002

www.hinterlandgrapevine.com

Click on the word Paint on the right hand side of page.

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Human bones found near Rustic Cabin Restaurant

The car park beside the Rustic Cabin Restaurant at the Caloundra Road intersection on The Steve Irwin Way is well used by people catching coaches to Brisbane for work. This car park is also used by travellers as an overnight stop but the bush-walking tracks are not often used because of its proximity to the busy Steve Irwin Way and Bruce Highway.

At about 1.30p.m. on Sunday November 9th a male bush-walker on one of the walking tracks found what appeared to be human bones amongst the leaf litter near one of the walking tracks. The area is covered by dense vegetation.

Regional forensics services North Coast Police coordinator, Acting Inspector Daryl Livermore said. "The bones had been located "quite a distance" into the bushland and had probably remained undiscovered because their position was not easily found, unless someone had been walking quite close." He continued, "The bones appear to be human and had been on site for a considerable length of time, maybe anything up to about 10 years, or longer".

The bones appear to be from a male person between 50 and 60 years of age. Police have ruled out them being the remains of Daniel Morcombe. They also said that based on information available, the bones do not appear to be linked to any ongoing missing persons cases.

Detective Senior Sergeant Paul Schmidt of the Sunshine Coast C.I.B. said, "Missing persons files going back many years are being looked at in an attempt to identify the remains.

Anyone with information should call Crime Stoppers on 1800 333 000.

Labor Party announces candidate for Glasshouse

The Labor Party has announced that Ms Jennifer Hansen Read will be the candidate for the State Electoral seat of Glass House at the next election.

Ms Read will be looking to replace Ms Carolyn Male who is expected to stand for the seat of Morayfield.

Ms Hansen Read is president of the Montville Village Association. A spokesperson said that all the Sunshine Coast candidates for next year's state election have strong links to their communities.

The date of the election has yet to be announced but is not expected until early 2010.

Sunshine Coast 2009 Show holidays announced

The Sunshine Coast Regional Council has announced that the regions Shows for 2009 will continue to follow the format that was in existence before the amalgamation of the Sunshine Coast Councils.

The holiday for the Maleny Agricultural Show on Friday, May 29 will apply to the former Caloundra City Council area.

The former Maroochydore Shire will have its holiday, for the Sunshine Coast Show, on Friday, June 12.

A holiday for the Noosa Country Show will be held for the former Noosa Shire Council region, on Friday, September 11.

Discussions are presently underway between the Sunshine Coast Regional Council and community organisations in an effort to determine the future of the shows and show holidays from 2010.

Options for the 2010 shows would be announced early next year when recommendations are due to be advised to the State Government.

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A brief insight into the history of Maleny & District and other things.

I had to say "goodbye"

For more local information
look to our web site:
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I received this letter from one of our readers. To me it was a very "to the point" pouring out of the heart concerning a sad incident in her life that today is becoming a part of too many people's life. What can one say to the writer? Please think a little about how your "small and unthinking" actions can change other people's life forever. Thanks to the writer for sharing her loss with us as a means of making us understand how our actions change other people's lives.

I had to say goodbye to my sister about seven months ago. I believe I have kept this part of my life locked up tight in my mind. Clear in the bad to the point of were no one could break it unless I opened it up. And I guess I'm ready to open up about it. to talk about what I had done the day she had passed away. She was in a traffic accident with my aunt because of a drunk driver. They both were rushed to the hospital at 9:00 pm on April 6th. The hospital that they were sent to wasn't a very big hospital so they were transported to another bigger hospital that had more technology I think that's what you would call it. I had no idea any of this was going on until my uncle come to get me to take me to the hospital to stay with my aunt and sister.

They both were in critical condition, both on the respirators, feeding tubes, heart

monitors, a ton of IV's in both of them. Now when I came in a saw my aunt I was upset because my uncle had told me what had happened. She didn't look so good. I didn't know the human body could take so much.. Her whole face looked like it was melted off of her face but she wasn't burned. Her face had gone threw the wind shield (not wearing a seat belt) both of her arms were broken, she had a broken neck, and back, and she had broken her femur bone. She was in a coma.

I could feel the tears coming down my checks just the thought of what my sister was going to look like was just breaking me apart inside of me.

The nurse took me to where they were keeping my sister. I didn't think she was my sister. I thought it was all a dream. Her face was so swollen. She was in her car seat up front. If she wasn't in the front seat she might

of been a little better. She looked so defeated. So broken. So hurt and so weak.

She was just as bad as my aunt. She had a four fractures to her skull. The doctors told me that she was lucky to even last threw the night. I was thinking the worst so many things were in my mind.

I stayed with her all night dreading just the worst, but also praying to god that she made it not just for the day for the rest of her life. I didn't sleep at all I stayed up all night talking to her, kissing her forehead. Just hoping.

The next morning my uncle came in he didn't look so good. He came in and told me my aunt had passed away during the night. I just started crying it was so horrible to actually see him cry over his wife he never acted like he enjoyed her at all.

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A brief insight into the history of Maleny & District

After that I was in a state of shock. Thinking that my sister wasn't going to make it. But she did. My uncle left what did he care about his wife just died and my sister was fighting for her life.. Her life of barely a year. I hate that he didn't stay with me. The nurses were pissed off at him for leaving because he had to sign things that were important he never came back so I was forced to sign them I really didn't even know what I was doing with everything going on. I never left my sister's room. I didn't eat, sleep, bathe just nothing I was to concerned about her. I talked to her all the time. I could see her little eye's moving in her eye sockets and the nurse's told me that was a good sign.

I prayed even harder. But it wasn't hard enough. I was sitting there right beside her when she started having a seizure. It was the scariest thing I had ever seen in my whole life. I didn't know what to do I started screaming for the nurses and the doctors. They came in and stabilized her.

I was in a state of just numbness this just made me feel like the worst person ever. I didn't know what I was going to do.. The doctor came in and told me in the most nicest way ever and told me that my sister if she ever woke up she wouldn't be normal. That it might just be

best if we took her off of everything. I never in my dreams ever thought someone would ever even ask me to take someone off of something that was saving their life. He left and let me think things threw.

I told him an hour later that I wanted him to do it. I didn't want my little sister to suffer anymore. But I had him take everything off of her the feeding tube, respirator, IVs. After he took everything off of her he told me she wouldn't last for another five minutes.. He left me and my sister alone in the room for her last breaths. I held her all the way until her last breath.

It was the worst thing I have every had to do in my whole life. I felt her last breath and her last heart beat. I didn't even cry I felt that if she felt me cry she would know I was devastated that I was weak. I held everything in. I didn't want her to know that. I kissed her goodbye and I told her that I loved her. I sat with her for thirty minutes. If anyone tried coming in I told them to please leave.

I know that was stupid I just wanted to be with my sister alone. I sat there looking at her body. Just wishing it was all a dream. I told her goodbye for the last time thirty minutes later and I walked out the door and

sat on the ground bawling my eyes out.

I didn't want my sister to be dead. I didn't believe she was gone. I didn't want her to be gone. They sent a counsellor to sit with me. Talk to me and pray with me. But why did I have to pray when she was already gone??

I don't know maybe they thought it would make me feel better. It didn't. I was with my sister from the time she was born. It was like I had just lost my own child even though she was my sister. People tell me that I have no reason to feel that. But I was the one who raised her. The one her taught her how to walk, how to talk only if it was just a few words. I was the one who played with her, stayed up with, held her when she was crying.

I remember when she called me mama. I guess that isn't a reason to think that I had lost a child.

But I don't care what people think she was like a child to me.

To this day it feels like it's my fault that she died. Because I told the doctors to take her off the machines. It's just a horrible feeling I have deep inside of me. I had to say goodbye to a little girl that was so important to me. I miss her still to this day. I wish she didn't have to go but she did.

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6/14 Lawyer Street, Maleny. 4552

Ph 54942002



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In2Cricket comes to Maleny



Maleny Redbacks Cricket Club is looking for 5 to 9 year olds who would like to participate in the In2CRICKET Program.

In2CRICKET is designed to provide boys and girls with the opportunity to participate in a variety of activities to develop cricket skills, physical fitness, social skills, sportsmanship and an understanding of the game with an emphasis on fun and involvement.

The program will be run at the Maleny Showgrounds on a Wednesday, starting Wednesday 26th November, at 5:30pm, with sessions lasting approximately an hour.

Sessions will run up until the end of the school year and then start again after the Christmas school break, for a minimum total of 10 sessions.



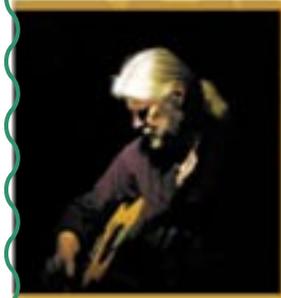
The program costs \$45, with everyone receiving an exciting giveaway pack exclusive to the program including; a Bat, a Ball, a T-shirt, a Bucket Hat, Sticker Stumps, MILO Products an Activity Book and more!

Any interested players, who have not already registered for the In2CRICKET program please contact Greg Corkin on 0427 543 662 or 54 941 437 to register.

Maleny RSL Club
presents

Brian Fraser
rhythm & blues

in their only Maleny Show



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