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Queensland Election date set at March 24th

Queensland Premier Anna Bligh visited Governor Penelope Wensley on Sunday to formally request a March 24 election.

The electoral rolls close on February 25th so you need to make and adjustments to your enrollment urgently.

Maleny and adjacent areas are in the electorate of Glasshouse. If you are unaware if your are correctly registered to vote you can check on the following web site; <https://oevf.aec.gov.au/>



On this site you can also ensure that your details are correct or you can update them. You can even make a new enrollment.

Now is the time that politicians of all types start to listen to the voters. There is no guarantee that they will listen after the election has been held.

S.E.S. Group in Maleny turns 30...

The Maleny State Emergency Service Volunteer Group in Maleny turns 30 this month.

The group was formed in Maleny in 1982, just 7 years after it was formed in Queensland, taking over from the previous organisation The Queensland Civil Defence Organisation which based its need on the aftermath.

It was not just a name change for the organisation as the entire function of the organisation changed - largely as a result of the need for such an organisation following a tornado that devastated the Rocklea - Saulisbury areas of Brisbane then followed closely by the 1974 Brisbane floods.

The new organisation needed to be able to assist the community following natural disasters.

The forming of the Maleny State Emergency Group in 1981 was no different. One could say that it all started with a nasty black looking sky and a sudden windstorm accompanied by strong winds and what happened next is history.

At the end of the storm there was a house - roofless - the roof being deposited some two hundred metres down the paddock. With darkness fast approaching there was a dilemma what to do to stop further damage being caused to the contents of this home as it appeared that the storm was to return. A solution of sort was found after much searching and inquiring.

What did come out of this particular incident was a move by a number of concerned people in the Maleny community to attempt to provide some help in similar circumstances

Continued on Page 3



Part of the original group during a mountain rescue exercise at the cliffs at Caloundra

Visit our web site: <http://www.hinterlandgrapevine.com>

Hinterlandgrapevine Online

The Hinterlandgrapevine

The Hinterlandgrapevine is a weekly email newsletter published each Friday and is sent to our local database of local residents and via the website <http://www.hinterlandgrapevine.com>

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(Web site pricing)

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Click here when connected to the internet and then follow the AVG links to find out more about safeguarding your computer and information.

Maleny SES Group turns 30

(Continued from Page 1)

was held at the Maleny State School and a large number of people attended and as a result it was decided to form a State Emergency Service Volunteer Group. Lloyd Larney became the first Group Leader and local school teacher, Vince Carbery the Deputy. Lloyd held his Group Leader position continuously until 2011 when he retired as leader, however he still remains as an



active member of the group.

The first meetings were held at the Maleny State School with the good will of the school community, in fact a number of teachers initially joined the group.

The group then moved their home to the old council works yard in Palm Street, Maleny so that equipment could be stored.

From there the group formed a relationship with the Maleny Show

Continued on Page 6

News from the Maleny SES Group

Bushwalking



One of the tasks that SES volunteers often find themselves doing is looking for lost or injured bushwalkers. In the Maleny area over the years this has been a task that has to be completed from time to time.

The Sunshine Coast Hinterland lends itself to bushwalks that attract walkers of all experience levels. Often it is found that those walkers are not prepared and that is why they strike some problems.

Here are a few hints that might help to ensure that bushwalkers do not get into problems.

Wear sturdy shoes and comfortable clothes

Stay on the track when bushwalking to avoid getting lost. Take a map and follow markers and signs carefully

Let someone responsible know your plans in case you get lost

Watch your step. Always stay behind safety fences and away from cliff edges

Take a backpack with supplies, even for a short walk.

The Maleny SES Group trains on Monday Nights at the SES HQ in the showgrounds (the big green building on the left). Training starts at 7pm (be there at quarter to seven just to be early) and finish about 9.30 pm.

Why not become a member of the Maleny SES Group.

Follow Maleny SES on Facebook at <http://www.facebook.com/malenyses>.



This weeks notices brought to you by Maleny Paint Place

Hinterlandgrapevine Online

Conondale Sand mine approved by council

At a meeting of the Sunshine Coast Regional Council held on February 22nd approved the mining of 150,000 tons of sand from the Mary River at Conondale annually to supply a concrete batching plant which also is situated on the site.

The site, owned by Integra Resources will operate from 7am-6pm Monday to Friday and 7am-1pm on Saturday.

Of the 84ha site Less than 4ha will be used for mining the sand.

Local councillor, Ms Jenny McKay said that she supported the project because of the conditions placed on the site and it is better to work with the owners and have a quarry that is really well done than working against the owners.

The site will be required to have a buffer zone of up to 60m wide with a further protection area along the Mary River to limit any possible risk of contamination into the river.

Integra will be required to maintain these areas for as long as the site remains in operation.

Cr. McKay said that with the work to be carried out by Integra the site would be improved. Cr McKay said that she was pleased that a compromise had been reached.

There were over 80 negative submissions about this project.

One of the main complaints about this project concerned the increased use of heavy transport on an already poor quality state of Maleny - Kenilworth Road.

The "NUT" Award

It matters little what the monetary penalty is or how much education is given there are some drivers who just will not take notice of the road rules. Sometimes this is because they are not aware that road rules change from time to time.

One of our readers suggested that we should have a quick refresher of some of those rules.

The most dangerous thing about travelling in a motor vehicle is still the "NUT BEHIND THE WHEEL"



What are the new rules regarding white edge lines?

Cross a white edge line when you are not permitted to do so and you risk being fined \$80.

You must not drive on or over a continuous white edge line unless you are:

- overtaking a vehicle that is turning right or making a U-turn from the centre of the road
- avoiding an obstruction
- driving a slow moving vehicle where other vehicles need to overtake you
- driving a vehicle that is too wide or too long to fit within the marked lane to the left of the centre line.

Mum's favourite Recipes

Spaghetti with a salmon taste

- easy evening meal on these warm afternoons.

Ingredients

- * 350g spaghettini - * 60g butter - * 250g smoked salmon (torn)
- * 4-6 radishes (very thinly sliced) - * 1/2 cup frozen peas (thawed)
- * 3 tbsp white wine - * 200ml pouring cream - * salt and pepper
- * 1/4 cup chives (snipped) - * 1/4 cup flat-leaf parsley (chopped)

This is a delicious dish where the creamy sauce offsets the smokey flavour and saltiness of the salmon.

Method

Cook 350g spaghettini in lightly salted boiling water until al dente. Drain. Melt 60g butter in a large frying pan over medium heat and add 250g smoked salmon (torn), 4-6 radishes (very thinly sliced) and 1/2 cup frozen peas (thawed) and toss to combine.

Add 3 tbsp white wine and cook for a further 1-2 minutes, then add 200ml pouring cream, salt and pepper and stir until heated through.

Add 1/4 cup chives (snipped), 1/4 cup flat-leaf parsley (chopped) and spaghettini and stir until pasta is coated with the sauce. - Serve immediately.

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Local naturalist Grant talks nature

Grey Butcherbird - "*Craeticus torquatus*"

The Butcherbird, I recall in my early days here in Maleny asking a mate why they call the Butcherbird a Butcherbird. He informed me that that particular type of bird will go out and grab a young bird from a nest (obviously not its own) and place it in the fork of a tree only to devour it.

Wow! I thought, what a vicious bird; but in reality this is just part of nature and after seeing more encounters with birds around the range, most birds when it comes to survival and territory, they can be vicious to each other as well as humans.

However, since the mid 1990's I've been watching these birds more and have a great experience with a pair out at Witta and I've been lucky to share another experience with these birds again in the backyard.

The breeding pair had three off-



springs and again I've been able to take photos of them in the yard whilst feeding them small bits of bread with grain in it. One of the young either met its fate or blossomed early with the other two still in the area. I've taken shots of an adult and young ones sunning themselves, spreading their wings, tilting their heads with the younger one imitating the adult bird when doing so.



As I saw out at Witta back in 2005 I've also seen noisy minors, magpies and currawongs perform this almost trance like behaviour as well.

From what I've seen of this, the bird will do this then pick at themselves getting the little mites out of their feathers. Perhaps the heat brings the mites up and away from the bird's body and it just

seems to be part of their grooming behaviour.

But just over two weeks ago now, outside on top of the clothes line, an adult and a young bird sat with the young bird chirping away; "feed me - feed me" whilst the adult sat there with a cicada in its beak; possibly a black squeaker cicada. Of course I grabbed the camera and waited for the young one to be fed. Much to the disappointment of the young bird the adult bird broke the cicada in two and scooped it down itself. Oh, I thought I had missed the shot that I wanted. But, upon cropping the photo later you can clearly see the cicada in the bird's beak. (See photo left bottom)

The adult bird sat and had it all to itself and I guess that sometimes the parent bird needs to eat as well.

As for the younger bird it is almost at the stage where it could look after itself.

The birds have a variety of calls and often the call is quite beautiful to the ears, as are most bird calls.

There is also the silver-beaked grey butcherbird, the black-beaked, pied butcherbird and of course the local butcher who has absolutely nothing to do with the Grey Butcherbird at all.



About the Author

Long termed Maleny resident, Grant Meyer loves photographing insects, animals and native flowers.

Over the coming issues he will bring us some photos of some of the natural scenes that he has witnessed along with an explanation of the story surrounding the photo.

The story is often as interesting, if not more than the photo.

The photos shown in this series of stories are taken by Grant and are available for sale from him.

He can be contacted on mobile phone 0404 606 677.

This weeks notices brought to you by Maleny Paint Place

Hinterlandgrapevine Online

Maleny woman attacked by dog

A 72 year old Maleny Woman, Louise O'Rourke was walking her Maltese cross dog at Montville after visiting relatives when another dog rushed from an apparently unfenced property and attacked Mrs. O'Rourke's dog. Mrs O'Rourke tried to protect her dog from the attacking dog and in the incident sustained bites to her hand, arms and back. As a result of the incident she collapsed, requiring an ambulance to transport her to hospital.

Mrs. O'Rourke's dog was taken to veterinary surgeon, however there was nothing that could be done to save the dog's life.

A Maleny friend of Mrs. O'Rourke said, "She is traumatised by the incident. She doted on that little dog. It was like a child to her."

Council officers have seized the offending dog and a council inquiry is taking place as to the circumstances surrounding this incident and the dog's future will be decided as a result of that inquiry.

Should the dog's owners be required to face court and be found "guilty" the potentially penalty could be a maximum fine of \$30,000. The State Government is presently considering if this penalty should be increased to a maximum of 10 years in prison.

The iPad is as good as it looks

Apple Computers has just released the next generation of their very successful iPad. This is the tool for accessing the internet whilst you are on the move. Whilst the generation 2 iPad is smaller it is even more powerful and a thing of beauty.

The Internet can be a huge, hard-to-fathom kind of place. Yet iPad makes it easy to explore. Hold the web in your hands like a book or magazine. Use your fingers to move around a website, zoom in on images and text and tap links. Once you see the web on iPad, it's hard to see it any other way.

For commuters it is ideal for reading the days newspaper, those books or communicating with business colleagues or friends.

iPad with Wi-Fi is ideal if you have a wireless high-speed Internet router in your home or if you'll be using your iPad near a wireless hotspot — in a coffee shop or school library, for example.

Choose an iPad with Wi-Fi + 3G if you'll be spending time in places without Wi-Fi hotspots, such as outdoors or on your morning commute.

Purchase NOW with ease and delivered to your door!

Click here when connected to the internet and follow the Apple links to purchase online!



Maleny
RFB

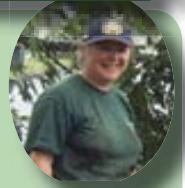
Roundup

with

Donna & Norm Lewis

Volunteer Community

Education Officers



Unfortunately, 2011 was one of the worst in recent memory for residential fire fatalities. QFRS recorded more than triple the amount of fire related deaths in 2011 compared to 2010"

From inquiries into those fires reasoning why more people didn't escape revealed that most households did not have fire evacuation plans and or fire alarms were not fitted or not working.

As a result it is important that we reinforce the need not only for fire evacuation plans and the need to practice them, but the need for properly fitted and working photoelectric fire alarms.

It is important that ionisation type fire alarms are now replaced with the photoelectric type as they are more effective and less susceptible to false alarms.

It is also important that we are super cautious with candles within the home. We personally wouldn't light any candles inside the house unless they are contained in a metal storm lantern.

Whilst candles are important during periods of power outages they are also extremely dangerous as has been shown in a number of house fires involving multiple fatalities during the last twelve months.

People can die in just seconds in a house fire so it is important to give your family every available assistance to escape should your house suffer an unexpected fire.

This weeks notices brought to you by Maleny Paint Place

Hinterlandgrapevine Online

Maleny SES Group turns 30

(Continued from Page 3)

Society and the Caloundra City Council to jointly built a new home, now known as the Maleny Dairy Pavillion and Maleny SES HQ which is situated in the Maleny Show Grounds. That remains their HQ today.



SES & Show Society volunteers working on building their HQ

Over the years the group has had many activations to assist the other Emergency Services in the area such as ambulance, police and fire brigade.

The main types of activations have been bush searches for lost bushwalkers, flood activations and bush fire activations.

When the group was first formed it was necessary to purchase their own equipment and fundraising became an important issue for the first few years. The community and the local service clubs responded well and necessary equipment was obtained.

Today a new crew of volunteers stand ready in Maleny to help our community in times of need. SES volunteers throughout the state have proved an integral part of local communities

The Sunshine Coast Hinterland area owes a debt of gratitude to the volunteer groups in the area - of which the Maleny SES Group is just one.

Should you wish to consider joining the local group as a volunteer the group meets at the Maleny Showgrounds for training on Monday nights between 7p.m. and 9.30p.m.

You can follow Maleny SES on Facebook at <http://www.facebook.com/malenyses>.

Congratulations to the group on 30 years service to this community.

Remember if you need the services of the SES simply ring 132500.

Maleny RSL Committee

wins community award

The Maleny R.S.L. Sub-Branch Committee has been awarded at the recent Sunshine Coast Regional District RSL Annual Conference and AGM which was held in Caloundra.

The Maleny RSL Sub-Branch received the area award for volunteer services carried out in the local community. The Sunshine Coast RSL District stretches from Caloundra to Tewantin and west to Woodford.

The Award is judged on community work carried out in the preceding year before the conference.

Whilst the Maleny RSL Sub-Branch is a relatively small group of people and it carries out a large amount of work within the local community on behalf of the National RSL.

Those tasks revolve around the welfare of local returned service personnel and their families as well as the continuing Remembrance Services held in the local areas, including several ANZAC Day services, Vietnam Vets Day, Remembrance Day and Beersheba Day.

As part of the conference a Remembrance Ceremony was held at the Cenotaph at Caloundra headland. Newly elected President of the Maleny RSL Sub-Branch, Helen Gilmore-Walsh laid a wreath on behalf of the Maleny RSL in memory of those who lost their lives whilst fighting for Australia's freedoms.



This weeks notices brought to you by Maleny Paint Place

Hinterlandgrapevine Online

Truthful Jones Tells... he heard



about a couple of things that happened to his neighbour, Paddy this week.

On Tuesday last was driving down the street in a sweat because he had an important meeting and couldn't find a parking place. Looking up to heaven he said, "Lord take pity on me. If you find me a parking place I will go to Mass every Sunday for the rest of me life and give up me Irish Whiskey!"

Miraculously, a parking place appeared. Paddy looked up again and said, "Never mind, I just found one."

Father Dobbo walks into the Maleny pub, and says to the first man he meets, "Do you want to go to heaven?"

The man said, "I do, Father." The priest said, "Then stand over there against the wall." Then the priest asked the second man, "Do you want to go to heaven?" "Certainly, Father," was the man's reply "Then stand over there against the wall," said the priest.

Then the Father walked up to Paddy and said, "Do you want to go to heaven?" Paddy said, "No, I don't Father." The priest said, "I don't believe this. You mean to tell me that when you die you don't want to go to heaven?"

Paddy said, "Oh, when I die, yes. I thought you were getting a group together to go right now."

So Paddy has had a good and a bad week. Just like the rest of us I suppose.

Morale: Always take care when you are asked to join a group.

Sunshine Coast Council to trial WiFi internet

The Sunshine Coast Regional Council will trial free WI-FI internet in certain public places. The cost of the trial to council s anticipated to be around \$100,000, with \$30,000 being used to market the idea. The purpose of WI-FI internet is to allow access to the internet for people "on the move".

This is especially convenient for many business people such as account managers who need to visit their clients and for students who can access information without being "tied" to a land-line internet connection. Cr Vivien Griffin said on a recent trip to Europe, she found wi-fi in public places to be a "key element" of the cities.

The trial areas will include Montville, Mooloolaba Esplanade, Kings Beach in Caloundra and Gympie Tce in Noosaville.

In Maleny a number of coffee shops in Maple Street already provide free wi-fi facilities to their customers. All Sunshine Coast Council libraries also provide free wi-fi internet access to their clients.

The matter will be further discussed at the next Sunshine Coast Council meeting.

*Click here to go
to our
"Events Guide"
(Must be connected to the internet
at the time)*



**MALENY
BOWLS CLUB
FRIDAY
SOCIAL BOWLS**

Why not join as a social member and enjoy all the benefits of the club?



**Maleny Library
Coming Events**

**Facebook
Workshop**

There will be a FREE workshop at the Maleny Library on March 14th commencing at 2.30p.m. to help small businesses with their onine marketing through the use of Facebook.

Facebook is becoming more and more the norm for small businesses to promote their services and products.

Facebook is generally a FREE medium and this makes it popular with small businesses.

This program is a free program, but bookings are essential. The library details are: Maleny Library, 5 Coral Street, Maleny - Phone (07) 5435 3100.

This weeks notices brought to you by Maleny Paint Place

News from Ebenezer

At the Art/Photographic Exhibition organised by a couple of Sunny Coast teenagers - Emma-Louise from Caloundra and Hayley from Buderim the amount of \$1800.00 was raised for Ebenezer Orphanage work.

This money will help the children not only get an education, but have a greater chance of a future.

Another event being held down the coast is being organised by Cathy Robinson a South African lady and her friends. They are organising a Morning Tea/Fashion Parade with lovely lingerie from Intimo and cosmetics from Mary Kay .

Those who conduct stalls at the event will be giving a percentage of the takings towards the work at the Ebenezer Orphanage.

This event will be held on Saturday March 3rd between 10a.m. and 1p.m. at the Buderim Uniting Church hall.

For further inquiries contact Maryann on 0414 981 021 or Cathy on 0411 867 256.

Currently 320 children attend the Ebenezer school, packed into 8 classrooms working in two shifts per day. The waiting list to gain entry is over 120.

In the Skills Centre the students will learn a trade and computer skills, these will be in addition to their normal Zambian School Certificate subjects.

It is hoped to build a new Primary School (with 16 classrooms) and a High School with Skills Training Centre. Plans have drawn up for the buildings and a supplier for red bricks to build them has even been found! The bricks are 3 for \$1.00, so the school administration is looking for donors for the bricks.

If you can help the Ebenezer Childcare Trust Orphanage in Livingstone, Zambia you can ring Lenore on 5429 6194 or visit the Friends of Ebenezer web site at: <http://http://www.friendsofebenezeraustralia.com/> or to visit the Ebenezer Orphanage web site it is:

<http://www.ebenezerchildcare.org/index.html>



Anna, one of our children at Ebenezer



LET US FIND OUT A BIT ABOUT OUR SURNAMES



The surname Curtis is predominantly English in origin of two possible derivations of the same style. In the first instance it was a nickname used for a refined person, sometimes given ironically, from the Old French and Middle English *curteis*, *co(u)rtis*, meaning, 'refined', 'accomplished'. In the second instance, also a nickname for a short person or one who wore short stockings, from the Middle English *curt*, 'short', plus *hose*, 'leggings'. (Old French *hosa*), and can be compared with the name Shorthouse. This nickname was borne by William the Conqueror's son Robert.

For further information about your clan contact Jack Frost - his web address is:

<http://www.irishscottishshop.com.au/>

Hinterlandgrapevine Online

It pays to shop locally



Do you want to buy "Grand Designs - The Box Set Series 1 to 8" on DVD

This limited edition collection contains all episodes from Series 1 -8 plus "TRADE SECRETS AND ABROAD".

Join Kevin McCloud as he follows the progress of an imaginative, creative and brave set of people as they go about putting blood, sweat, tears and often their life savings into building their ultimate dream homes.

With budgets usually pushed beyond their limits and time ticking away, GRAND DESIGNS is a unique opportunity to discover how ambitious design concepts work in practice, and depict the hard realities of making your dream home.

Will they succeed or will their dreams remain just an unfinished pile of timber, concrete and brick?

To buy this DVD you simply click on this link when connected to the internet and then look for the ABC Shop page logo on the HG Gig Guide web page.

At the ABC web site enter the film title into the search box at the top left side and it will take you to the shopping cart.

Not for the first time a story from a local shopper has shown that it is better to shop locally.

One reader has had the experience of needing to replace a refrigerator. As a wise shopper should she shopped around on the internet and got some prices of the make and model refrigerator she wanted.

She then went to the local electrical store in Maple Street and inquired of their price.

She was given a price which was above the price that she had found on the internet from one of the larger advertising companies. She initially thought that she was going to save some money on the purchase.

Fortunately, before she made the deal she found that the cheaper price did not include delivery, nor did it include getting it into the right position in her kitchen, nor did it include taking the old refrigerator away.

Yes, the big advertising company

did all those things and they would do those things in this case - all at a price, which is fair because they have to pay for a driver and a vehicle to bring the refrigerator up from the coast thus it cost money.

The local electrical shop did all of that for her at no extra cost. Yes, the person buying the refrigerator lived in Maleny township.

When these facts were all put together the actual price of the refrigerator - delivered and installed was less than the "good deal" from down the coast.

The local electrical shop may charge for deliveries outside of the town area - we don't know for sure. One thing though it would be less than would be charged by the "good deal" shop down the coast as it would be further for those coastal shops to travel.

When comparing prices make sure that you take everything into account as shopping locally has a lot of benefits.



RSL Maleny Sub Branch

Upcoming Events

Maleny RSL Sub Branch Friday Night Theme Night

The next Maleny RSL Dinner theme night will be held on Friday March 2nd, 2012. The RSL Bar is open from 4.30p.m. Bar prices are as good as they get so the night does not have to empty the wallet.

The November Theme Night is "**Hollywood Party.**"

Dinner is available from 6.00pm. The cost for mains is adults - \$10, kids under 12 \$7. Desserts are just another \$5.

Get along for a great family night of socialising.

To BOOK 5494 3717 or go to the web site: www.rslmaleny.org.au and follow the links!

This weeks notices brought to you by Maleny Paint Place

The Musings of an old codger!

Something that I have thought about on a number of occasions is why are our young soldiers still in Afghanistan?

Initially, I was thought that there was an argument to take the fight to Afghanistan, partly to give those who live there some security of a good life, or at least some personal freedoms.

We hear about the many people from Afghanistan coming to Australia illegally to find a new life.

Why are these people not remaining in Afghanistan helping our soldiers to make the fight for those freedoms and security that they desire for themselves and their family.

Surely by providing a more secure lifestyle in Afghanistan it will make living there easier.

This weeks Special

Wattyl Trademax

W.T.B. - Int/ Ext - L/S

4lts - \$44.00

(Must mention this add to get special price - Normally \$49.50)

Let us quote on that paint job now -

Another paint hint from Maleny Paint Place

Wet weather gone! Mould and Mildew arrives.

Mould or mildew is the formation of black, grey or brown spots or areas on the surface of paint or caulk. With the continuous period of wet weather we have just had and some warm days we will see mould forming, especially in bathrooms and kitchens.

Possible Causes

- * Warm, moist, humid conditions (bathrooms, kitchens, laundry rooms)
- * Use of an alkyd or oil-based paint, or lower quality acrylic paint
- * Failure to prime bare wood before painting
- * Painting over a surface from which mildew has not been completely removed.
- * A problem with leaking water entering the area (ie from leaking pipes - leaking roof or other similar problems.)

Solution

Ensure that there is no reason for continuing moisture or humidity in the area. Fix leaks. In humid areas such as bathrooms install exhaust fans.

Then:

- * First test for mildew by apply-

ing a few drops of bleach to the area; if it can be bleached away, it is probably mildew.

- * Remove all mildew from the surface by scrubbing with a household bleach solution (1 part bleach, 3 parts water). Be sure to observe safety precautions - wear rubber gloves and eye protection. Rinse thoroughly.
- * To protect against further mildew, use an ultra premium quality acrylic paint. These paints tend to have more mildewcide than do lower quality paints and will resist the formation of mildew.
- * Clean the surface as needed with a bleach or detergent solution. Consider installing exhaust fans in high moisture areas.

As a maintenance program there is a non-toxic product called "Wet and Forget". This is applied and left on and it works continually keeping mould and mildew at bay.

For more information about paint or "how to hints" click here to go to the [Maleny Paint Place web page.](#)



Paint Place, Maleny

6/14 Lawyer Street,

Maleny. 4552.

Ph 54942002

www.hinterlandgrapevine.com

Click on the word Paint on the right hand side of page.

Hinterlandgrapevine Online



This week with Peter Slipper M.P.

Suicide Prevention on the Sunshine Coast

While recent headlines have highlighted the tragic suicide of a Brisbane father and son, and closer to home the suicide of Sunshine coast entertainer, these reports have become all too common an occurrence.

In fact, for all its beautiful, natural attributes and our enviable laid-back lifestyle, the Sunshine Coast was ranked one of the top regions in Australia for suicide, and number one for Queensland in 2011. What may be even more surprising is that working men are four times more likely to commit suicide than women, with the most common age 40- 44.

As a community, its time we work together with supporting each other to prevent these tragic headlines, and acknowledge, accept and assist those struggling with depression and mental illness. There is no better time than now to lend a hand to our neighbours and colleagues to build a stronger community.

So what can we do to help?

We all need to become mental health advocates, equipped with the information and tools required to help those who may need support. Various agencies, such as Beyond Blue (www.beyondblue.org.au) and Suicide Prevention Australia (www.suicidepreven-

[tion.com.au](http://www.suicideprevention.com.au)), have information available online to educate everyone, whether you are suffering from depression and/or anxiety or a simply a concerned family, friend or co-worker looking to help another.

According to the National Advisory Council on Mental Health, here are some key triggers to look for in someone who may be suicidal: loss of job, break up of family, loosing a loved one, financial hardship and child custody issues.

There are a variety of organisations ready to answer your questions 24/7 and assist those in need such as Lifeline on 13 11 14 or the Suicide Callback Line on 1300 659 467.

Locally, Nambour General Hospital has mental health assessment and treatment available seven days a week, 24 hours a day.

Let's work to ensure the Sunshine Coast is number one in 2012 for suicide prevention.

**Got a paint job to be done?
Got no time for that paint job
that you need done.**

Large jobs or small jobs quoted on.

Qualified tradesmen licensed
by Queensland Builders
Registration Authority.
Lic No 1113664.

Fully insured - Local painters.
Every job treated as a master-piece.

Arandall Painting
Phone 0429 878 295.

Lawyer Street Businesses

Don't forget that there are a number of businesses in Lawyer Street, Maleny who offer products and services.

They all provide quality products and services for Maleny residents. They also support local community organisations.

To find out more visit the web sit: www.hinterlandgrapevine.com then click on the link on the right hand side of the page.

We can supply the names and phone numbers of the following "RELIABLE" tradespeople.

- ⇒ Landscapers
- ⇒ House Painters
- ⇒ Electricians
- ⇒ Plasterers
- ⇒ Plumbers
- ⇒ Colour Consultants

More will be added to our list as time goes on and we are satisfied that we can recommend their services with confidence.

Click here when connected to the internet to go to a new website for Maleny Tradespeople.

www.malenytradesmen.com

Support your local Businesses

Local Businesses offer support and services to you and your business. They also provide local employment. Why not support them.

This weeks notices brought to you by Maleny Paint Place